Research Article

Effects of Aqueous Extract of *Piper guineense* and Honey on Lead Induced Changes in The Bone Marrow and Thymus of Adult Wistar Rats

Samuel O Okoronkwo^{*1}, Obinna O. Uchewa², Akudo Christain Okoronkwo³ and John E. Abraham⁴.

¹Department of Anatomy, David Umahi Federal University of Health Sciences, Uburu, Ebonyi State, Nigeria.

²Department of Anatomy, Alex Ekwueme Federal University, Ndufu-Alike Ikwo, Ebonyi State, Nigeria.

³Department of Anatomy, Ebonyi State University, Abakaliki, Ebonyi State, Nigeria. ⁴Department of Radiography, Evangel University, Akaeze, Ebonyi State, Nigeria. *Corresponding Author Email: okoronkwosam1@gmail.com

Received: June 02, 2023 **Accepted:** June 18, 2023 **Published:** June 25, 2023

Abstract: Lead is one of the hazardous heavy metal pollutants of the environment that originates from various sources. This study was carried out to investigate the effect of aqueous extract of *Piper guineense* and honey on lead induced toxicity in the bone marrow and thymus of adult albino Wistar rats. Thirty male Wistar rats were divided into six groups of five rats each. Group A served as the control, Group B as lead untreated group, Group C received 50mg/kg of the extract and 1000mg/kg of honey, Group D received 80 mg/kg of the extract and 1500mg/kg of honey, Group E received 80 mg/kg of the extract and 1500mg/kg of honey for 14 days. 110mg/kg of lead was administered to Group B, C, D, E and F for seven days, while group C, D, E and F were treated with *Piper guineense* and honey for 14 days.

At the end of 14 days, the animals were sacrificed by cervical dislocation, blood was collected and the following organ thymus, bone marrow harvested. The tissues were processed using normal histological techniques. Haematological parameters and antioxidant activities were assessed.

The result showed lead distorted the histoarchitecture of both thymus and bone marrow, as shown in group B and haematological and antioxidant status. While the treated group showed regeneration of cells in both bone marrow and thymus, the effect was more pronounced in group treated with combination of extract and honey i.e group C and D and curative effect on haematological parameters.

In conclusion, aqueous extract of *Piper guineense* and honey could have a curative effect on lead acetate induced damage on the bone marrow and thymus.

Keywords: Lead, Piper guineense, honey, bone marrow, thymus.

Introduction

Lead is a naturally occurring toxic metal found in the Earth's crust. Its widespread use has resulted in extensive environmental contamination, human exposure and significant public health problems in many parts of the world (WHO, 2019). According to Haleagrahara *et al.*, (2011), toxic effect of lead is closely related to its accumulation in important tissues after its absorption into the blood. There are no known safe levels of lead exposures as even a small intake has an effect on the body particularly the brain and bones, so currently the approved clinical intervention method is to give chelating agents, which binds and removes lead from tissues (White *et al.*, 2007).

Medicinal plants are believed to be a rich source of antioxidants. Besides, they are cost effective and potent alternative with few and transient side effects in the treatment and management of disorders, when compared with the existing conventional therapeutic drugs available in the market (Pandey *et al.*, 2011; Sofowora *et al.*, 2013; Ortega-Ramirez *et al.*, 2014; Guan and He, 2015).

Piper guineense (Piperaceae), widely consumed as a spice in West Africa (commonly called African black pepper; with indigenous names such as Iyere in Yoruba and Uziza in Ibo), contain various biological and pharmacological properties. These properties have therapeutic potential in the prevention and management of hepatotoxicity. *P. guineense* has been recently reported to contain free radical scavengers such as polyphenols, alkaloids, flavonoids, saponins, tannins, and glycosides in appreciable quantities (Nwozo *et al.*, 2012).

Honey, a natural product formed from nectar by honeybees, has been a subject of renewed research interest in the last few years. Evidence indicates that honey can exert several health-beneficial effects such gastroprotective (Gharzouli *et al.*, 2002), hepatoprotective, reproductive (Al-Waili *et al.*, 2006; Mohamed *et al.*, 2012; Zaid *et al.*, 2010), hypoglycemic, antioxidant (Omotayo *et al.*, 2010), antihypertensive (Al-Waili *et al.*, 2003), antibacterial (Tan *et al.*, 2009), anti-fungal (Koc *et al.*, 2011) and anti-inflammatory (Kassim *et al.*, 2010), effects.

Studies have shown that honey, administered alone or in combination with conventional therapy, might be of therapeutic benefits in the management of chronic diseases commonly associated with oxidative stress. This study is aimed at evaluating the effect of aqueous extract of *Piper guineense* and honey on lead acetate induced damage on the bone marrow and thymus and haematological parameters.

Materials and Methods

Honey Purchase

Honey, brand name pure blossom honey, with a net weight 500g was bought from Roban Stores in Abakaliki town, Ebonyi State, and was stored in a cool dry place.

Lead Acetate

Lead acetate was obtained from histology laboratory of Alex Ekwueme Federal University Ndufu Alike, Ikwo (AE-FUNAI).

Ethical Clearance

The ethical clearance was sought from the ethical committee of faculty of Basic Medical Sciences, Alex Ekwueme Federal University Ndufu Alike Ikwo (AE-FUNAI) Ebonyi State.

Collection and Identification

The *Piper guineense* leaves were purchased from Margaret Umahi International market, Abakaliki, Ebonyi state. The leaves were identified at the Department of Plant Sciences and Biotechnology, Faculty of Sciences, University of Nigeria, Nsukka, Enugu state by Onyeukwu C.J., a taxonomist with the Department. The herbarium voucher number is UN12 and this served as the extract.

Preparation and Extraction of *Piper guineense*

Piper guineense leaves were washed and air-dried under room temperature for two weeks. The leaves were grinded into fine powder using an attrition mill (locally fabricated mill). The powder was soaked in water for 72 hours in the ratio of 100g to 50ml of water and the mixture in the container stirred regularly.

The mixture was filtered using a Whatman no. 1 filter paper. The filtrate was evaporated to dryness using water bath at a temperature of 40°C. The powered extract was preserved in freezer until required for use.

Experimental Animals

Thirty male Wistar rats used were adopted from animal house of Alex Ekwueme Federal University Ndufu Alike, Ikwo (AE-FUNAI) and housed in netted cages under standardized condition of light and temperature and allowed access to feed and water during the seven days of acclimatization.

Experimental Protocols The animals were divided into six groups of five animals

Group A served as control and received rat pellet and water only.

Group B (Lead untreated) received 110mg/kg of lead acetate.

Group C (Medium combined) received 50mg/kg, 1000mg/kg of extract and honey respectively.

Group D (High combined) received 80mg/kg, 1500mg/kg of extract and honey respectively.

Group E (Piper guineense) received 50mg/kg of extract.

Group F (honey group) received 1500mg/kg of honey.

Induction

All the groups received 110mg/kg of lead acetate except the control. The dosing was done orally by oral intubation, once daily (mornings) for 21 days based on the weight of the rats in each group. The animals were observed strictly after each administration daily for changes.

Treatment of Animals

The administration of the *Piper guineense extract* and honey was by oral intubation once daily for 14 days.

Animal Sacrifice

The animals were sacrificed by cervical dislocation after 24 hours of fasting and blood samples were collected from the orbital sinus of the rats for biochemical analysis according to the procedure described by Parasuraman *et al.*, (2010). The thymus was harvested, weighed and fixed in 10% formol saline. The tissue was processed using normal histological techniques.

Biochemical Analysis

Blood samples was collected and centrifuged at 4000rmp for 20mins and the serum was collected and used for the assessment of the following biochemical parameters.

Haematological Parameters

The haematological parameters including Haemoglobin (Hb), Packed Cell Volume (PCV), White Blood Cell (WBC) count, Red Blood Cell (RBC) count and platelet count were determined with the aid of an automated haematology analyzer (Mindray Hematology analyzer, BC-2300).

Assay for Anti-Oxidant Activities of the Extract and Honey

The antioxidant status of the animals was evaluated by measuring the concentration of catalase and supraoxide dismutase enzymes.

Statistical Analysis

Results were analyzed using Statistical Package of Social Sciences (SPSS) and results expressed as mean \pm S.E and the presence of significant difference between means of groups was determined using one way analysis of variance (ANOVA).

Results Effect on Body Weight

guinennse extract and honey.						
Groups	Initial weight (g)	Final weight (g)	Weight change (g)	Thymus		
А	137.78±8.80	186.80±8.59	49.02±0.21	0.18±0.06		
В	167.98±13.62	194.98±16.68	27.00±3.06r	0.02 ± 0.02		
С	134.64±4.24	173.88±9.28	39.24±5.04*	0.17±0.02		
D	141.08 ± 10.92	176.66±11.64	35.58±0.72*	0.15±0.02		
Е	138.94±4.50	158.38±3.47	19.44±1.03**	0.13±0.01		
F	136.32±5.28	183.43±8.06	47.11±2.78*	0.11±0.01		
*Significant increase compared to B at P<0.01; ** Significant decrease compared to B at						
P<0.01; Significant decrease compared to A at P<0.01						

Table 1. The change in weight of the animals with lead acetate toxicity, treated with Piper guinennse extract and honey.

Haematological Parameters

 Table 2. The effect of aqueous extract of *Piper guinennse* on the haematological parameters of lead acetate induced toxicity in adult Wistar rats.

GROUP	Α	В	С	D	Ε	F
TWBC	6.30±	8.25±	7.80±	10.35±	8.65±	8.65±
	0.10	0.15*	0.10a	0.15**	0.15	0.25
Lymph%	69.15±	73.50±	$58.00\pm$	55.90±	49.30±	66.55±
	0.85	0.5*	1.0a	0.20a	0.7a	0.45a
Mono%	$10.40\pm$	$10.45 \pm$	$11.45 \pm$	17.40±	$17.85 \pm$	12.35±
	0.10	0.15	0.0**	0.10**	0.0**	0.15**
Gran%	21.50±	15.75±	31.45±	27.50±	33.60±	21.80±
	0.10	0.0*r	0.1**	0.50**	0.1**	0.10**
Lymph#	4.50±	5.95±	4.55±	5.65±	4.21±	5.75±
	0.15	0.05*	0.15a	0.05**	0.11a	0.15
Mono#	$0.70\pm$	$0.85\pm$	$1.05 \pm$	1.86±	1.56±	1.15±
	0.10	0.05	0.15	0.06	0.06	0.15
Gran#	1.65±	1.55±	2.55±	2.65±	3.00±	1.75±
	0.25	0.25	0.15	0.05	0.10**	0.05
PDW%	$12.40\pm$	12.65	16.40±	10.60±	13.85±	13.95±
	0.10	± 0.10	0.3**	0.10a	0.05a	0.15a
PCT%	0.50±	0.52±	2.21±	0.51±	0.51±	0.59±
	0.10	0.02	0.11**	0.10a	0.05a	0.02a

Note: TWBC-total white blood cells; LYMPH %- Relative Lymphocytes count; MONO%-Relative Monocyte count; GRAN %- Relative Granulocytes count; MONO#-Absolute Monocyte count; LYMPH#-Absolute Lymphocytes count; GRAN#-Absolute Granulocytes count.

*Significant increase compared to A at P \leq 0.01; ** Significant increase compared to B at P \leq 0.01; *r Significant decrease compared to A at P \leq 0.01; a Significant decrease compared to B at P \leq 0.01

GROUP	Α	В	С	D	Ε	F
RBC	7.39±	8.17±	$0.71\pm$	7.50±	7.11 ±	$7.38 \pm$
	0.23	0.14	0.06a	0.04	0.10	0.15
HGB	$15.85\pm$	17.90±	16.50±	16.85±	16.80±	$16.00 \pm$
	0.15	0.1*	0.50	0.35	0.50	0.30
PCV%	$46.80\pm$	52.60±	4.25±	50.10±	$48.40\pm$	47.45±
	0.20	0.4*r	0.05a	0.10a	0.2a	0.15a
MCV	$66.85 \pm$	65.65±	66.10±	67.70±	$68.40\pm$	$65.40 \pm$
	0.25	0.55	0.20	0.30**	0.4**	0.50
МСН	21.95±	22.90±	415.65±	22.50±	23.60±	$21.80 \pm$
	0.05	0.05	0.5**	0.45	0.40	0.10
MCHC	32.95±	33.90±	643.15±	32.70±	33.90±	$33.05 \pm$
	0.05	0.10	0.5**	0.10	0.10	0.15
RDW-	$66.75 \pm$	58.00±	40.95±	66.65±	$60.05\pm$	$57.90 \pm$
SD	0.45	0.3*r	0.3a	0.35**	0.1**	0.20
RDW-	21.50±	19.10±	13.50±	20.90±	18.70±	18.90±
CV	0.50	0.4*r	0.5a	0.10**	0.3a	0.40a
PLT	$565.00\pm$	$556.00\pm$	1452.50±	523.50±	537.50±	625.00±
	1.00	1.00*	1.50**	1.50a	1.50a	1.00a
MPV	9.05	9.30	11.30±	$8.50\pm$	9.050±	9.55 ±
	± 0.25	± 0.20	0.10**	0.50a	0.35a	0.35a
PDW%	12.40±	12.65±	16.40±	10.60±	13.85±	13.95±
	0.10	0.10	0.3**	0.10a	0.05a	0.15a
PCT%	0.50	$0.52\pm$	2.21±	0.51±	0.51±	0.59±
	± 0.10	0.02	0.11**	0.10a	0.05a	0.02a

 Table 3. The effect of aqueous extract of *Piper guinennse* on the haematological parameters of lead acetate induced toxicity in adult Wistar rats.

Note: RBC-Red blood cells (x10¹²/l); HGB-Haemoglobin (g/dl); PCT-Platelet count (%); PCV-Packed cell volume (%); MCV-Mean cell volume (Fl); MCH-Mean cell haemoglobin (Pg); MCHC-Mean cell haemoglobin concentration (g/dl); RDW-SD-Red cell distribution widthstandard deviation (fl); RDW-CV-Red cell distribution width-coefficient variation; PLT-Platelet count (x10⁹/l); MVP-Mean platelet volume (fl) and PWD-Platelet distribution width (%).

*Significant increase compared to A at P \leq 0.01; **Significant increase compared to B at P \leq 0.01; *r Significant decrease compared to A at P \leq 0.01; a Significant decrease compared to B at P \leq 0.01

Table 4. The effect of aqueous extract of <i>Piper guineense</i> on the oxidative stress markers of					
lead acetate induced toxicity in adult Wistar rats.					

lead acctate induced toxicity in adult vistar rats.							
GROUP	Α	В	С	D	Ε	F	
SOD	$18.10\pm$	16.20±	17.39±	15.95±	20.85±	16.75±	
	0.40	0.50*	0.41	0.55**	0.25*r	0.55	
CAT	27.70±	24.60±	26.00±	26.95±	37.10±	28.55±	
	0.30	0.40*	0.20*r	0.35*r	0.10*r	0.45*r	
* Significant decrease compared to A at P≤0.01; ** Significant decrease compared to B at							
P≤0.01; *r Significant increase compared to B at P≤0.01							

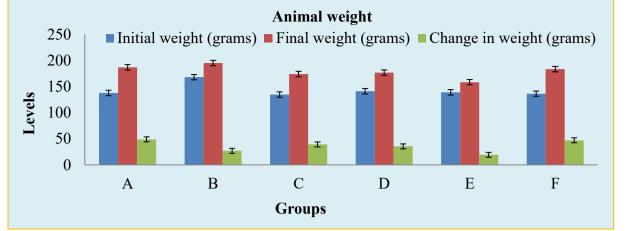


Figure 1. The Chart showing effect on body weight of the animals during lead acetate induction and after treating with *Piper guinennse* and honey.

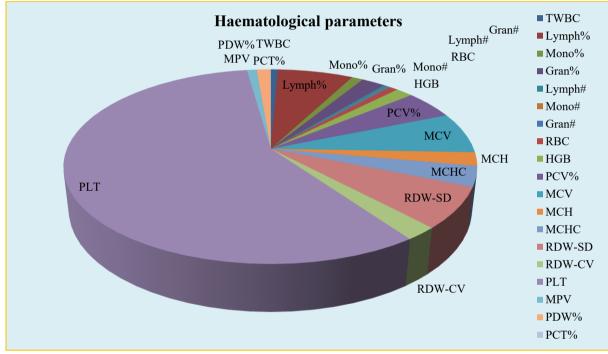


Figure 3. A pie chart showing the effect of aqueous extract of *Piper guinennse* on the haematological parameters of lead acetate induced toxicity in adult Wistar rats.

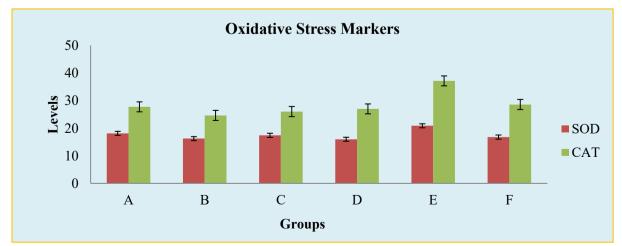


Figure 4. The chart showing the effect of aqueous extract of *Piper guinennse* on the oxidative stress markers of lead acetate induced toxicity in adult Wistar rats.

Histology Bone marrow cytology

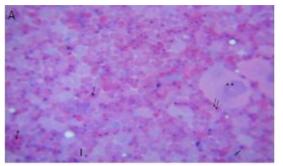


Figure 1. Section of group A bone marrow cytology smear showing many nucleated cells such as Endothelial cells (double arrow), sinusoids (line), megakaryocytes (**), granulocyte (arrow head), orthochromatic erythroblast (double head arrows) (X400) (GIMSA)

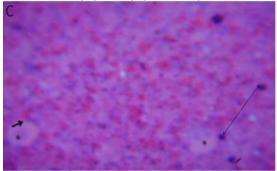


Figure 3. Section of group C bone marrow cytology smear showing regeneration of atrophied granulocytes (double head arrow), megakaryocyte with young nuclei (*), reappearance of endothelial cells (arrow) (X400) (GIMSA)

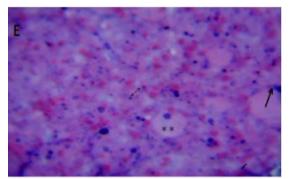


Figure 5. Section of group E bone marrow cytology smear showing regeneration of granulocytes (double head arrow), megakaryocyte with mature nuclei (**), endothelial cells (arrow) (X400) (GIMSA)

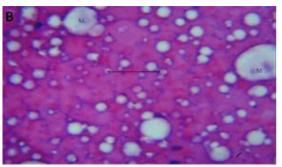


Figure 2. Section of group B bone marrow cytology smear showing significant nuclear abnormalities with severe atrophied granulocytes (double head arrow), megakaryocyte with lost nuclei (M) and all the cells lost their nuclei (X400) (GIMSA)

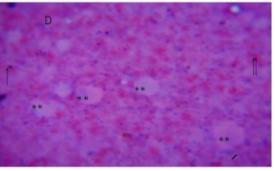


Figure 4. Section of group D bone marrow cytology smear showing increased regeneration of atrophied granulocytes (double head arrow), young megakaryocyte with young nuclei (**), reappearance of eosinophil myelocyte (arrow), orthochromatic erythroblast (double arrows) (X400) (GIMSA)

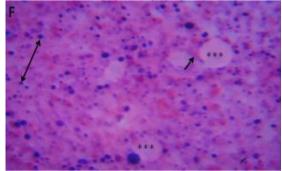


Figure 6. Section of group F bone marrow cytology smear showing granulocytes scattered all over the marrow (double head arrow), megakaryocyte with nuclei (***), reappearance of endothelial cells (arrow) (X400) (GIMSA)

Histology of the thymus

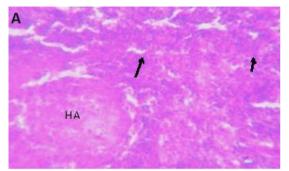


Figure 7. A section of group A (control) thymus showing normal thymus cortex (C), Hassall corpuscle (HA), neutrophils (arrows) X100, H & E

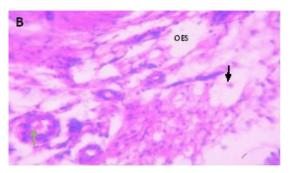


Figure 8. A section of group B thymus showing necrotic cells within the Hassall corpuscle (HA) (green arrow), optical empty spaces within the thymus (OES), cell apoptosis (black arrow), fatty changes within the cortex (circle) X100, H & E

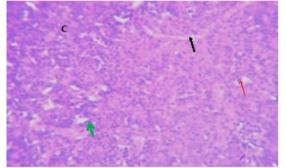


Figure 9. A section of group C thymus showing trabecular (black arrow), macrophage (red arrow), neutrophil (green arrow) X100, H & E

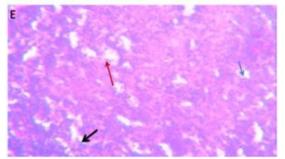


Figure 11. A section of group E thymus showing necrotized cells such as macrophages (blue arrow), neutrophils (black arrow) and reticular cells (red arrow) X100, H & E

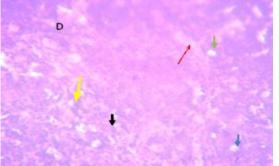


Figure 10. A section of group D thymus showing thymic reticular cell (yellow arrow), neutrophil (black arrow), macrophages (green arrows) scattered in the tissue, trabecular (red arrow) X100, H & E

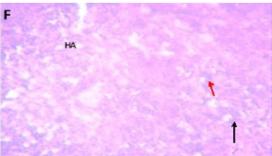


Figure 12. A section of group E thymus showing charred thymic Hassall corpuscle (HA), neutrophil (red arrow), macrophage (black arrow) X100, H & E

Discussion

Lead has been affirmed as a principal lethal metal pollutant to both humans and other living organisms. Occupational and environmental exposures to this toxic metal remain a global health problem (Abdel *et al.*, 2016). Lead-induced oxidative damage has been proposed as one of the important mechanisms of lead-related pathologies (Patrick, 2006). In addition, chelating agents exert detrimental effects and are incapable of alleviating some toxic effects of lead (Ajayi *et al.*, 2009). In

recent times, several studies have been focused on sourcing for alternatives and potentially safe treatments for lead toxicity. Consequently, to mitigate adverse effects of lead toxicity, natural compounds with both chelating and antioxidant activities are considered as good candidates (Bokara *et al.*, 2008). *Piper guineense* and honey seem to be the natural alternative to the chelating agents that we are looking for. The antioxidant activities of both have been reported (Khan *et al.*, 2018). This study showed that there was reduction in mean body weight of the rats in the untreated group (group B) when compared with the rats in the Control group. The weight loss was statistically significant with $p \le 0.01$ as shown in table 1 above. Loss of appetite, sluggish, lethargic behavior was observed. This agrees to previous study by Ebeye *et al.*, (2007) in which reduction in the mean body weight anorexia is caused by lead acetate exposure.

Mbongue *et al.*, (2005) and Franca and Ibiwari (2019) reported in their work that *P. guineense* and honey increases body weight. The groups which received medium and high dose of *P. guineense* combined with honey showed a significant increase in weight ($p \le 0.01$) as compared to group B. This agrees with the works of Nwozo *et al.*, (2012), Franca and Ibiwari (2019) which state that sufficient amount of *P. guineense* and honey causes weight gain which may imply that the dose of honey given was high enough to cause body weight increase. In group E which received *P. guineense* alone, it was observed a significant decrease in weight compared to the untreated group which disagrees with previous works done by Ochei *et al.*, (2017); Wassawa *et al.*, (2017), while group F which received honey alone showed a significant increase in body weight in agreement with Atangwho *et al.*, (2020).

It was observed during this study, that the thymus gland in all the groups administered with lead acetate showed a statistically significant ($p \le 0.01$) decrease in weight in agreement with the study by Okechukwu, *et al.*, (2019). The untreated group showed a significant decrease in weight compared to A as shown in table 2 above. The increment in weight in the treated groups C, D, E and F compared to the lead acetate untreated group indicates a curative effect of both *P. guineense* and honey. The weight of the thymus of the rats in group C which were treated with medium dose of combined *P. guineense* and honey increased significantly ($p \le 0.01$) closer to the control (group A) which may imply that the medium dose of combined *P. guineense* and honey are effective as curative agents.

The organ weight analysis showed that high doses of *P. guineense* and honey in single states do not make as much difference in its curative properties compared to their combined state. In our study the administration of lead caused a significant increase on total white blood cell (TWBC), when compared to the negative control and decreased in the group treated with the extract and honey when compared to the positive control. There was equally a significant increase in the monocyte count and platelet count in the in the treated groups, compared to negative and positive control. This increase in monocyte count shows that *P. guineense* and honey are an immune-stimulant agent. Previous studies have showed that honey is an immune-stimulant which agrees with our current findings (Fiorani *et al.*, 2006; Goji *et al.*, 2020).

Our study also showed an increase in haemoglobin (Hb), pack cell volume (PCV) increased, in the lead treated group, which decreased in the treated group, when compared to the positive control. This suggests that the extract and honey has a curative effect which could be attributed to the antioxidant properties. Herbal antioxidants have been reported to play a role in ameliorating lead-induced toxicity. They exert their antioxidant properties through the chelating of metal ions, breaking oxidative chain reactions, improving anti oxidative defense enzymes and the scavenging of free radicals (Russo *et al.*, 2003). Aribo *et al.*, (2019) and Goji *et al.*, (2019) in separate studies have report the anti-anaemic properties of *P. guineense* and honey. Aribo *et al.*, (2019) reported an increase in RBC and MCH as a result of the consumption of *P. guineense*, while Goji *et al.*, (2020) reported increase in haemoglobin (Hb), pack cell volume (PCV) and red blood count (RBC). The haemto-curative effect of honey against Cisplatin, Zinc etc has also been reported (Bhalchandra *et*

al., 2018). In our study, mean levels of SOD, and Catalase decreased significantly in the positive control group compared with other groups, while the group treated with honey and *P. guineense* showed a significant increase, these results indicate that the extract of *P. guineense* and honey have free radical scavenging properties, which stabilizes the plasma membrane of blood cells. Moreover, the bioactive components (flavonoids, phenols, etc.) of the *P. guineense* extract possess free radical scavenging properties that help to prevent oxidative damage, cell injury, and cell death.

In previous studies, the extract of *P. guineense* leaves exhibited free radical scavenging properties (Aihiokhai and Okpiabhele, 2022). Honey has been proven to be rich in both enzymatic and nonenzymatic antioxidants such as catalase, flavonoids and other polyphenols, as well as vitamins such as thiamine, riboflavin, pyridoxine, pantothenic acid, ascorbic acid, and nicotinic acid (Gheldof *et al.*, 2002; Kishore *et al.*, 2011; Abubakar *et al.*, 2012). These are responsible for its antioxidant properties. Previous studies have showed that lead poisoning causes a distortion in the histoarchitecture of the bone marrow (Owolabi *et al.*, 2017). The histological examination of sections of the bone marrow in the present study in group A, displayed normal bone marrow histoarchitecture and showing many nucleated cells such as the endothelial cells, sinusoids, megakaryocytes, granulocytes and orthochromatic erythroblast as shown in figure 1.

On the other hand, the untreated lead group portrayed features that could differentiate it from the control such as reduced number of cells, nuclear abnormalities, atrophied granulocytes as well as megakaryocytes without nuclei as shown in figure 2. This agrees with the work of Owolabi *et al.*, (2017) which states that there is less abundant background materials or elements in bone marrow affected by lead toxicity, indicating either a less heamopoietically active marrow or a marrow relatively richer in adipose tissue.

The histological examination of the sections of the bone marrow in medium dose (group C) of combined P. guineense and honey as treatment showed a gradual regeneration of the atrophied granulocytes and megakaryocytes as indicated by the presence of young nuclei in figure 3. This is an indication of a high curative effect of P. guineense and honey at medium dose. In the high dose of P. guineense and honey, it was observed that there an increased regeneration of granulocytes and megakaryocytes compared to the low dose. There was also reappearance of eosinophil myelocyte and orthochromatic erythroblast as shown in figure 4.

The *P. guineense* alone showed a regeneration of granulocytes and presence of mature megakaryocyte with nuclei which may indicate the efficacy of *P. guineense* as an anti-inflammatory agent at high dose (figure 5). The honey group alone shows a section of bone marrow with numerous granulocytes scattered all over it. We also observed the reappearance of endothelial cells and megakatryocytes with nuclei which is an indication of the anti-inflammatory effect of high dose of honey on lead toxicity, see figure 6.

The microscopic examination of the thymic tissue of the control group section (group A) revealed normal histology (figure 7) while that of untreated lead group B showed various distortion of the tissue such as the presence of necrotic cells within the Hassall's corpuscle and optical empty space due to the effects of toxicity on the organs and also cell apoptosis as well as fatty changes within the cortex as shown in figure 8. In group C, it was observed the presence of trabecular, macrophage and neutrophil as shown in figure 9 indicating mild healing of the thymus and the curative effect of P. guineense and honey at medium dose.

In the high dose group (D), recorded an increase in the thymic reticular cells, neutrophils, and macrophages scattered within the tissue, see figure 10. This may imply that combine usage of P. *guineense* and honey can useful as an anti-inflammatory agent. In group E, it was observed the presence of necrotized cells such as macrophages, neutrophils and reticular cells as shown in figure 11 indicating little or no curative effect of high dose of P. *guineense*. There were presence of charred

thymic Hassall's corpuscle, neutrophil and macrophage as shown in figure 12 which implies that there is little or no curative effect of high dose of honey.

Conclusion

This present study has shown that lead poison can lead to haemotoxicity and distortion of the histoarchitecture of thymus and bone marrow. This toxicity can be ameliorated by *P. guineense* extract and honey.

Declarations

Acknowledgements: We thank Mr. Uchewa Obinna O. for supervising this work and for his technical assistance in preparing the figures.

Conflict of interest: The Authors declare that there is no conflict of interest.

Funding: Authors claim no funding was received.

Informed Consent: Not applicable.

Ethical Approval: The ethical clearance was sought from the ethical committee of faculty of Basic Medical Sciences, Alex Ekwueme Federal University Ndufu Alike Ikwo (AE-FUNAI) Ebonyi State.

Author Contributions: All persons who meet authorship criteria are listed as authors, and all authors certify that they have participated sufficiently in the work to take public responsibility for the content, including participation in the concept, design, analysis, writing, or revision of the manuscript.

References

- 1. Abdel Moneim, A.E. 2016. *Indigofera oblongifolia* prevents lead acetate-induced hepatotoxicity, oxidative stress, fibrosis and apoptosis in rats. PLoS One, 11(7): e0158965.
- 2. Abubakar, M.B., Abdullah, W.Z., Sulaiman, S.A. and Suen, A.B. 2012. A review of molecular mechanisms of the anti-leukemic effects of phenolic compounds in honey. International Journal of Molecular Sciences, 13(11): 15054-15073.
- 3. Aihiokhai, M. and Okpiabhele, A. 2022. Effects of *Piper guineense* (African Black Pepper) Seeds on Lipid Profile, Renal Function Parameters, and Antioxidant Status of *Cavia porcellus*. Medical Laboratory Journal, 16(5): 3-8.
- 4. Ajayi, G.O., Adeniyi, T.T. and Babayemi, D.O. 2009. Hepatoprotective and some haematological effects of *Allium sativum* and vitamin C in lead-exposed Wistar rats. International Journal of Medicine and Medical Sciences, 1(3): 064-067.
- 5. Al-Waili, N. 2003. Intrapulmonary administration of natural honey solution, hyperosmolar dextrose or hypoosmolar distill water to normal individuals and to patients with type-2 diabetes mellitus or hypertension: their effects on blood glucose level, plasma insulin and C-peptide, blood pressure and peaked expiratory flow rate. European Journal of Medical Research, 8(7): 295-303.
- 6. Al-Waili, N.S., Saloom, K.Y., Al-Waili, T.N., Al-Waili, A.N., Akmal, M., Al-Waili, F.S. and Al-Waili, H.N. 2006. Influence of various diet regimens on deterioration of hepatic function and hematological parameters following carbon tetrachloride: a potential protective role of natural honey. Natural Product Research, 20(13): 1258-1264.
- 7. Aribo, E.O., Udefa, A.L. and Beshel, F.N. 2019. Consumption of aqueous leaf extract of *Piper guineense* alters haematological and biochemical parameters in Wistar rats. Saudi Journal of Biomedical Research, 4(3): 100-104.
- 8. Atangwho, I.J., Ibeneme, C.E., Egbung, G.E., Ibeneme, E., Eno, M.A. and Nwankpa, P. 2020. Effect of long-term feeding of the Obudu natural honey and table sugar-sweetened diets on obesity and pro-inflammatory biomarkers in rats. BMC Nutrition, 6: 3.

- 9. Bhalchandra, W., Alqadhi, Y.A. and Ninawe, A.S. 2018. Ameliorative Role of Bee Honey and Royal Jelly against Cisplatin Induced Alteration in Hematological Parameters in Male Wister Albino Rat. International Journal of Pharmacy and Pharmaceutical Sciences, 10(4): 110-114.
- Bokara, K.K., Brown, E., McCormick, R., Yallapragada, P.R., Rajanna, S. and Bettaiya, R. 2008. Lead-induced increase in antioxidant enzymes and lipid peroxidation products in developing rat brain. Biometals, 21: 9-16.
- 11. Ebeye, O.A., Emore, E., Enaibe, B.U. and Igbigbi, P.S. 2007. Histological Effect of *Piper guineese* Extract on Wistar Rats. Journal of Biological Science, 7(8): 1484-1487.
- Fiorani, M., Accorsi, A., Blasa, M., Diamantini, G. and Piatti, E. 2006. Flavonoids from Italian multifloral honeys reduce the extracellular ferricyanide in human red blood cells. Journal of Agricultural and Food Chemistry, 54(21): 8328-8334.
- 13. Franca, O.N. and Ibiwari, I.F. 2019. Effect of Black Seed (*Nigella sativa*) and Uziza (*Piper guineense*) Leaf on the Histology of the Liver of Wistar Albino Rats. Biotechnology Journal International, 23(2): 1-11.
- 14. Gharzouli, K., Amira, S., Gharzouli, A. and Khennouf, S. 2002. Gastroprotective effects of honey and glucose-fructose-sucrose-maltose mixture against ethanol-, indomethacin-, and acidified aspirin-induced lesions in the rat. Experimental and Toxicologic Pathology, 54(3): 217-221.
- 15. Gheldof, N., Wang, X.H. and Engeseth, N.J. 2002. Identification and quantification of antioxidant components of honeys from various floral sources. Journal of Agricultural and Food Chemistry, 50(21): 5870-5877.
- Goji A.D.T., Tende, J.A., Mohammed, K.A. and Tanko, Y. 2020. Effects of Honey on Some Haematological Indices and Lipid Profile in Male Mice. Sokoto Journal of Medical Laboratory Science, 5(1): 85-90.
- 17. Guan, Y.S. and He, Q. 2015. Plants consumption and liver health. Evidence-Based Complementary and Alternative Medicine, 2015: 824185.
- Haleagrahara, N., Chakravarthi, S., Kulur, A.B. and Radhakrishnan, A. 2011. Effects of chronic lead acetate exposure on bone marrow lipid peroxidation and antioxidant enzyme activities in rats. African Journal of Pharmacy and Pharmacology, 5(7): 923–929.
- 19. Kassim, M., Achoui, M., Mustafa, M.R., Mohd, M.A. and Yusoff, K.M. 2010. Ellagic acid, phenolic acids, and flavonoids in Malaysian honey extracts demonstrate in vitro antiinflammatory activity. Nutrition Research, 30(9): 650-659.
- 20. Khan, S.U., Anjum, S.I., Rahman, K., Ansari, M.J., Khan, W.U., Kamal, S. and Khan, H.U. 2018. Honey: Single food stuff comprises many drugs. Saudi Journal of Biological Sciences, 25(2): 320-325.
- 21. Kishore, R.K., Halim, A.S., Syazana, M. and Sirajudeen, K. 2011. Tualang honey has higher phenolic content and greater radical scavenging activity compared with other honey sources. Nutrition Research, 31: 322–325.
- 22. Koç, A.N., Silici, S., Kasap, F., Hörmet-Öz, H.T., Mavus-Buldu, H. and Ercal, B.D. 2011. Antifungal activity of the honeybee products against Candida spp. and Trichosporon spp. Journal of Medicinal Food, 14(1-2): 128-134.
- 23. Mbongue, F.G., Kamtchouing, P., Essame, O.J., Yewah, P.M., Dimo, T. and Lontsi, D. 2005. Effect of the aqueous extract of dry fruits of *Piper guineense* on the reproductive function of adult male rats. Indian Journal of Pharmacology, 37(1): 30-32.

- 24. Mohamed, M., Sulaiman, S.A., Jaafar, H. and Sirajudeen, K.N.S. 2012. Effect of different doses of Malaysian honey on reproductive parameters in adult male rats. Andrologia, 44: 182-186.
- 25. Nwozo, S.O., Ajagbe, A.A. and Oyinloye, B.E. 2012. Hepatoprotective effect of *Piper guineense* aqueous extract against ethanol-induced toxicity in male rats. Journal of Experimental and Integrative Medicine, 2(1): 71-76.
- 26. Ochei, J.O., Enitan S.S., Effedua H.I., Omodiale P.E. and Giwa O. 2017. Libido enhancement Potential of *Piper guineense* in Male wistar rats. Asian Journal of Biology, 4(4): 1-9.
- 27. Okechukwu, G.N., Ezor, E., Finbarrs-Bello, E., Ebube, L.N., Uzomba, G.C. and Ibegbu, A.O. 2019. Effects of aqueous extract of *Ocimum gratissimum* leaves and vitamin C on lead acetate-induced changes in the thymus of adult Wistar rats. International Journal of Biochemistry Research and Review, 26(1): 1-9.
- Omotayo, E.O., Gurtu, S., Sulaiman, S.A., Wahab, M.S.A., Sirajudeen, K.N.S. and Salleh, M.S. M. 2010. Hypoglycemic and antioxidant effects of honey supplementation in streptozotocininduced diabetic rats. International Journal for Vitamin and Nutrition Research, 80(1): 74-82.
- 29. Ortega-Ramirez, L.A., Rodriguez-Garcia, I., Leyva, J.M., Cruz-Valenzuela, M.R., Silva-Espinoza, B.A., Gonzalez-Aguilar, G.A. and Ayala-Zavala, J.F. 2014. Potential of medicinal plants as antimicrobial and antioxidant agents in food industry: a hypothesis. Journal of Food Science, 79(2): R129-R137.
- 30. Owolabi, J.O., Ogunnaike, P.O. and Adeyeye, J.A. 2017. Lead poisoning causes histoarchitectural disruptions in blood marrow, brain regions and muscles; Histological Observations of Lead Poisoning Effects on Vital Body Tissues of Murine Models: Part I. Pharmaceutical Chemistry Journal, 4(5): 164-173.
- 31. Pandey, N., Meena, R.P., Rai, S.K. and Pandey-Rai, S. 2011. Medicinal plants derived nutraceuticals: a re-emerging health aid. International Journal of Pharma and Bio Sciences, 2(4): 420-441.
- 32. Parasuraman, S., Raveendran, R. and Kesavan, R. 2010. Blood sample collection in small laboratory animals. Journal of Pharmacology and Pharmacotherapeutics, 1(2): 87-93.
- 33. Patrick, L. 2006. Lead toxicity part II: the role of free radical damage and the use of antioxidants in the pathology and treatment of lead toxicity. Alternative Medicine Review, 11(2): 114-127.
- 34. Russo, A., Izzo, A.A., Borrelli, F., Renis, M. and Vanella, A. 2003. Free radical scavenging capacity and protective effect of *Bacopa monniera* L. on DNA damage. Phytotherapy Research, 17(8): 870-875.
- 35. Sofowora, A., Ogunbodede, E. and Onayade, A. 2013. The role and place of medicinal plants in the strategies for disease prevention. African Journal of Traditional, Complementary and Alternative Medicines, 10(5): 210-229.
- 36. Tan, H.T., Rahman, R.A., Gan, S.H., Halim, A.S., Hassan, S.A., Sulaiman, S.A. and BS, K.K. 2009. The antibacterial properties of Malaysian tualang honey against wound and enteric microorganisms in comparison to manuka honey. BMC Complementary and Alternative Medicine, 9: 34.
- Wasswa, J.N., Omorodion, T.N., Avwioro, G.O. and Asimiyu, O.S. 2017. Histological effect of *Piper guineense* (UZIZA) leaves on the liver of wistar rats. International Journal of Research and Review, 4(3): 36-41.
- White, L.D., Cory-Slechta, D.A., Gilbert, M.E., Tiffany-Castiglioni, E., Zawia, N.H., Virgolini, M. and Basha, M.R. 2007. New and evolving concepts in the neurotoxicology of lead. Toxicology and Applied Pharmacology, 225(1): 1-27.

- 39. World Health Organization. 2019. Lead poisoning and health. Retrieved 17 February 2020.
- 40. Zaid, S.S., Sulaiman, S.A., Sirajudeen, K.N. and Othman, N.H. 2010. The effects of Tualang honey on female reproductive organs, tibia bone and hormonal profile in ovariectomised ratsanimal model for menopause. BMC Complementary and Alternative Medicine, 10: 82.

Citation: Samuel O Okoronkwo, Obinna O. Uchewa, Akudo Christain Okoronkwo and John E. Abraham. 2023. Effects of Aqueous Extract of *Piper guineense* and Honey on Lead Induced Changes in The Bone Marrow and Thymus of Adult Wistar Rats. International Journal of Recent Innovations in Academic Research, 7(6): 34-47.

Copyright: ©2023 Samuel O Okoronkwo, et al. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.