

Research Article

Understanding Early Sex Education through Image Story Media

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Abstract: Many people think that sex education should be introduced when children reach puberty, even though this is not entirely true. It takes good cooperation between parents and schools to be able to collaborate to provide correct understanding to early childhood. This study was conducted to analyze the importance of sex education in early childhood education through me and myself using illustrated story media tools so that children can introspect and take care of themselves. This research was conducted using a qualitative method with a descriptive approach, the subjects of this research were students of the Joy kids Elohim Kindergarten in Babelan Bekasi. The results of the study found that Joy Kids Elohim Kindergarten had implemented sex education through the theme of me and myself because schools realized that proper sex education should be given from an early age, this would really help children to take care of themselves.

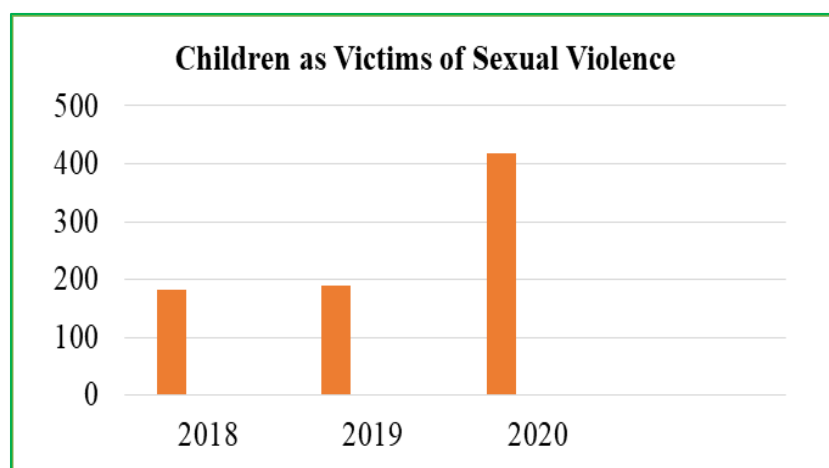
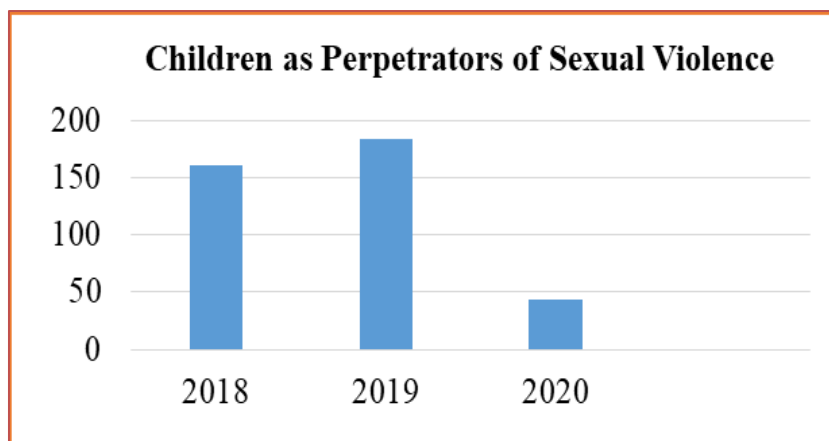
Keywords: Sex Education, Early Age, Picture Story Media.

Preliminary

Educational sex education is still very minimal in Indonesia, even tends to be taboo. Many people think that sex education should be introduced when children reach puberty, even though this is not entirely true. Various facts that occurred before puberty, such as early marriage, sexual deviations in adolescence and the proliferation of pornographic videos downloaded by teenagers as evidence that many teenagers are "curious" about healthy sex education and full of education. Through www.harianjogja.com on July 18, 2019 Rickitt-Beckiser (RB) Indonesia has conducted an online survey involving polls in five major cities, including Jakarta, Bandung, Medan, Surabaya and Jogja involving 1,500 respondents aged 16-24. 50 years and from the survey found 84% admitted that they experienced puberty at the age of 12-17 years and were introduced to sex education at the age of 14-18 years.

Various sexual deviations that occur from an early age, crime certainly cannot be avoided from around us even in early childhood. For this reason, sex education is very important to help children from an early age to be introspective and prevent sexual crimes against children, so that children are protected from various forms of sexual crimes because they have the right knowledge.

Various phenomena that occur regarding sexual harassment to sexual deviations often occur in children, the perpetrators can also be from the family. This is, of course, due to the poor knowledge of sexuality, both for children as victims and for perpetrators. Through the data bank of the Indonesian Child Protection Commission (KPAI) www.bankdata.kpai.go.id, data on children as perpetrators of sexual violence were found in 2018 as many as 161 cases, in 2019 as many as 183 cases and in 2020 as many as 44 cases. Meanwhile, on the part of children as victims of sexual violence, data was found in 2018 as many as 182 cases, in 2019 as many as 190 cases and in 2020 as many as 419 cases. Of course, this number is very concerning for the nation's generation and requires special attention so that the number does not continue to increase and there are no more victims.



It takes good cooperation between parents and schools to be able to collaborate to provide correct understanding to early childhood. Evania (2017:27) parents must set a good example for children in providing sex education, the attitude of the implementation of sex education is very important from parents to be imitated by children. As parents respect themselves will certainly be a manifestation for children in behavior. Isaabella (2020:119) the main foundation for a child is family, in a family the child will receive sex education from an early age. Parents need to explain gender differences starting from father and mother, the role of father and mother, how to dress father and mother. Although it is well realized that there are still many parents who think that this is not an important thing to teach children.

The importance of early sex education must be supported from home and school, Roqib (2008:274) inappropriate education will greatly affect various forms of sexual deviation in the future, therefore sex education at an early age will allow to straighten understanding of sexual behavior children become more positive. This is one of the reasons why this research was conducted at an early age. Proper sex education must be given from an early age, this will really help children to take care of themselves.

Theoretical Review

Early Age Sex Education

Risa and Alias (2016: 355) explain that sex education at an early age is consciously an effort to teach and provide various information about various sexual problems that are packaged in knowledge. The knowledge given to early childhood is presented with the introduction of the function of the body's organs and how to maintain and clean the child's organs. Even Elisabet *et al.*, (2019:27) also explain that sex education from an early age serves to introduce the roles of each sex, to introduce simple body anatomy, and how to maintain and respect their bodies as a very valuable part. So they are aware to protect their valuable body parts from various forms of crime that can happen to children.

The introduction of sex education from simple things will certainly help children to understand their bodies, body functions and how to respect themselves. Strong sex education from an early age will certainly help individuals to be confident and take care of themselves well in their teens. Reni (2013:34) sex education is not only teaching gender differences but also explains about anatomical, biological, psychological and moral aspects. Proper sex education will really help children to understand the elements of human rights.

Early Childhood Sex Education Curriculum

In delivering sex education in schools, of course, a curriculum unit is needed that becomes a reference in learning activities. This needs to be done so that the learning objectives are achieved in accordance with expectations, the material given to children can be integrated into the themes contained in the curriculum. Tri *et al.*, (2015:447) sex education at an early age can be started from (1) introducing body anatomy; (2) introduce human and animal breeding methods; (3) invite children to clean their genitals properly after urinating or defecating. Furthermore, this material is included in the following topics: (1) Me and My Clothes; (2) My Family and People Around Me, and (3) How to Take Care and Take Care of My Body. These materials are very easy to absorb for early childhood and according to the needs of their developmental age. Tri *et al.*, (2017:1) in sex education material at an early age, it can be done by taking an approach to child-oriented learning. The strategy used must of course be interesting with integrated thematic with various methods such as storytelling, question and answer discussion, drawing, playing, singing, poetry, and watching educational films with students in class.

The curriculum designed must be adapted to the child's developmental tasks so that the child is not burdened with the learning objectives designed by the teacher. Meilani (2019:) also revealed that in early childhood education requires sexual material that is easy for children to understand, the material in several scopes include: a) Knowing body anatomy and explaining the differences and differences, b) toilet training to maintain cleanliness after defecating, c) introducing simple human reproductive organs, d) maintaining personal hygiene. These materials must of course be introduced to children in simple language and supported by various teaching media to support the learning process going well. The curriculum unit will greatly assist teachers in achieving learning objectives during the sex education process.

Picture Story Media

In delivering learning materials, various media are needed in teaching. Media in teaching is needed in all lines of education, from early childhood education to higher education. In education the media used must be presented as attractively as possible, this is very helpful so that students can understand the material being taught and maintain student concentration. Thamrin (2017:48) the process of learning activities is basically a process of interaction between teachers and students, both face-to-face and virtual which requires media in learning. Media in learning will greatly help teaching and learning activities in the classroom, teachers will be very helpful in conveying messages in the content of learning. Although sometimes it is undeniable that many teachers ignore the media in learning, so that the distance between teaching and learning activities in the classroom tends to be boring. Ayu (2014: 58) learning in early childhood education is often presented in the form of lectures, thus making class activities that should be fun become very boring if done continuously.

Teachers must find ways to motivate students to learn and their curiosity about the material presented by the teacher, one of which is the media in the learning process. Various kinds of media that can be used in the learning process in the classroom, including storytelling media with pictures. Elisabeth (2018:6) learning media using picture story books is very effectively used for early childhood learning, especially to improve storytelling skills and children's social development. Well-developed storytelling and social skills will certainly greatly support children's language development. Natalia and Liyanovitasari (2019:110) sex education for early ages using illustrated story media is very effectively used to provide an introduction to body parts as a way of introducing

sex education to children. Eni and Adi (2017:73) "Based on the characteristics, the image The story media developed is quite relevant to children's development. Therefore, this medium is effective and practical to use in subjects." Given that illustrated story media are very effective in use in early childhood learning activities, in sex education teachers need to mix learning activities with illustrated story media so that sex education inserted in the learning theme is conveyed correctly.

Methodology

The method used in this study is a qualitative method with a descriptive approach. The research was conducted at Joy Kids Elohim Kindergarten located in Babelan Bekasi, Indonesia. With the research subjects, Kids Elohim Kindergarten students aged 4-5 years.

Results and Discussion

The Purpose of the Implementation of Sex Education

Joy Kids Elohim Kindergarten has conducted sex education learning activities through the theme "Me and Myself." The sex education program through these two themes has been carried out since 2016, this is done by schools to instill self-awareness in children and teach children to maintain their own body hygiene. The Principal of Joy Kids Elohim revealed that sex education should be instilled in children from an early age. They must realize from an early age that they were created by God to be perfect, so as an expression of gratitude to God they must be taught to take care of themselves, keep them clean and protect themselves from other people who want to disturb them. Children are also taught about their right to protect themselves, when they look very cute in the eyes of others and want to kiss or pinch their cheeks then they have the right to refuse in the right way. The principal also revealed that children are the image of God, they are very precious in the eyes of God and so noble. So that from an early age children recognize themselves as male or female and their role in everyday life.

The principal also revealed that there is no special name for sex education, besides that it is necessary to have a common perception between teachers and parents about sex education that will be taught to students. Parents at home must also be able to apply what is taught at school, such as learning to clean themselves in the toilet, not leaving the toilet or room without clothes and playing a role according to their gender. Parents' home is the most powerful model in the implementation of sex education, parents are also expected to be able to uphold children's rights and respect themselves even though their age is still very small.

Implementation of Sex Education

Sex education at Joy Kids Elohim Kindergarten was carried out in semester 1 with the theme me and myself.

Table 1. My Theme Activities and Myself

Theme	Aim	Indicator	Activity
Me and Myself	1.Children know their body parts 2. Children are able to help themselves and others through potential physical strength and his psychological	1. The child knows the name of body 2. Children know the function each member Her body 3. The child knows the parts of the body that other people can and cannot touch	1. Draw a body on a large paper 2.The verse "Good touch, Bad touch" 3.The Game "Treasure" 4. Watch the video for the song "Love My Body" 5. Children wear their own clothes according to their gender 6. Children wear clean and neat clothes. 7. The child chooses the image of polite and impolite clothes

In the implementation of the theme learning activities I and myself use various props, both pictures, story books and animated short films. Various learning media that teachers use when providing sex education to children, namely 1) laptop/LCD to watch movies on the body parts of the head, body, feet, hands, hair, fingers 2) speakers to listen to songs about my precious body, 3) cardboard and markers for tracing or drawing the body of one of the children together, 4) drawings of people around the nuclear family, extended family, and the closest people who are around the child but not the family, worksheets in the form of pictures of the bodies of girls and boys-man. And tell the activities of children with their families. Various methods are used by the Kids Elohim Kindergarten and have been adapted to the criteria of early childhood, namely by telling stories with pictures, discussions or questions and answers, doing drawing activities, games, singing, poetry and watching together, poetry and watching movies.

Conclusion

The results of the analysis show that Joy Kids Elohim Kindergarten has carried out sex education since 2016 which is packaged in the theme of me and myself learning. The purpose of implementing sex education is to teach children to be introspective, to know their identity and personal hygiene. Sex education taught by teachers to students is designed in a curriculum with a very fun learning model. In its implementation, sex education at this school implements an integrated thematic learning strategy with media methods of illustrated stories, discussions or questions and answers, drawing, games, singing, poetry and watching together, and various sources or learning media.

Conflicts of interest: The authors declare no conflicts of interest.

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